

PURPOSE

Campus Recreation engages students and the Baylor community in experiential learning, recreational and leisure activities that equip individuals to live balanced, holistic and healthy lifestyles.

BY THE NUMBERS

385,231 Student Life Center Visits
4,343 Intramural Participants
1,024 Club Sport Participants
1,610 Fitness Classes Taught
39 Outdoor Adventure Trips

INTRAMURALS

Intramural Sports provide students a variety of recreational opportunities engaging them in healthy competition while developing character, integrity, and sportsmanship.

24 Sports Played
2,543 Total Teams
3,960 Total Competitions
4,343 Total Participants



CLUB SPORTS

Club Sports provide students the opportunity to compete at a higher level and enjoy enhanced skill development.

35 Club Sport Teams
3 new teams introduced:
 Disc Golf, Kendo, and Men's Basketball
1,024 Total Participants

FITNESS

Fitness programs support a physically healthy lifestyle through group exercise classes, personal training, consultation services, and special events.

158,064 Fitness Center Visits
22,385 Class Visits
795 Personal Training Sessions Provided
41 Peer Nutrition Clients

Step Challenge:
305 participants for one week
50,000+ steps on average
8 million total steps



OUTDOOR ADVENTURE

Outdoor Adventure provides students opportunities to engage in trips, classes, programs, and recreational activities, and to enhance students' lives through outdoor pursuits achieving personal challenges and growing in spiritual development.

18,336 Rock Wall Visits
6,948 Marina Visits
5,133 Challenge Course Participants
39 Adventure Trips



RECREATION & CAMPS

REC CAMP

This is a summer day camp designed for kids ages 6–12 years. It is primarily for faculty and staff families. The weeks are filled with activities, learning, skills, and character development. There were 24 Baylor students who served as Rec Camp Counselors to 325 different F/S children.

CHRISTIAN LEADERSHIP INSTITUTE

This is a one week camp for students from around the globe who are going into their senior year and interested in leadership development. They are equipped with tools and strategies to make a difference on their campuses over their senior year. There were 126 students from 27 states and two countries. More than 76% of CLI campers attend Baylor University the following year.

UPWARD BOUND – BAYLOR UNIVERSITY

This is a partnership with the Educational Service Center to provide a college experience to students in Region 12 who are first-generation students that have completed various college readiness programs throughout the year. In the 7th year, this serves about 90 students.



TRANSFORMATIONAL EDUCATION

- For the second straight year, the fall-to-spring retention rate of students who participated in one of the Competitive Sports Programs was 100%. The connections to the university and their teammates was strong and gave them the opportunity to learn and grow **Where Character Meets Competition.**
- More than 32% of first-year students participated in the Competitive Sports Programs. This is higher than the 25% of continuing students who participated and more than double the national average at other colleges and universities (15%).
- Fitness Programs saw an increase in participation to 14% of the undergraduate population. This highlights the Mind-Body-Spirit principal of a **Sound Mind in a Sound Body.**



MOVING FORWARD

One of the biggest recreational trends on college campuses is pickleball, and Baylor is no exception. In the fall of 2024, pickleball will become our 36th official Club Sport. They are already ranked nationally in their first year of competition. We will also be exploring dedicated pickleball facilities to meet growing student demand for courts.